

# ST. MARY'S SCHOOL LUNCH

## September 2025

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|--|---|---|---|
|                 | 2<br><br><b>Beef Nacho or Taco Bar</b><br><br>Lettuce, Salsa, Sour Cream, Shredded Cheese                      | 3<br><br><b>Pizza Day</b><br>Cheese or Pepperoni  | 4<br><br><b>Pancake</b><br>Sausage Patty<br>Tator Tots                                | 5<br><br><b>Teriyaki Chicken and Rice Bowl</b><br>Chinese Broccoli<br><b>OR Corn Dog</b>              |
| 8<br><br><b>French Toast Sticks</b><br>Sausage Links<br>Tater Tots                              | 9<br><br><b>Chicken Tenders</b><br>Potato Wedges   | 10<br><br><b>Pizza Day</b><br>Cheese or Sausage   | 11<br><br><b>Mini Corn Dogs</b><br>French Fries                                       | 12<br><br><b>Chicken Patty on a Bun</b><br>Potato Wedges<br><b>OR Mac and Cheese</b>                  |
| 15<br><br><b>Pasta w/ Meatballs</b><br>Breadstick   | 16<br><br><b>Chicken Quesadilla or Beef Taco Salad Bowl</b><br><br>Lettuce, Salsa, Sour Cream, Shredded Cheese | 17<br><br><b>Pizza Day</b><br>Cheese or Pepperoni | 18<br><br><b>Cheeseburger</b><br>French Fries   | 19<br><br><b>Crispy Chicken Bowl</b>  |
| 22<br><br><b>Walking Taco or Burrito Bar</b><br><br>Lettuce, Salsa, Sour Cream, Shredded Cheese | 23<br><br><b>Creamy Chicken Alfredo</b><br>Broccoli  | 24<br><br><b>Pizza Day</b><br>Cheese or Sausage   | 25<br><br><b>Hot Dog</b><br>French Fries  | 26<br><br><b>Italian Dunkers w/ Marinara</b><br>Seasoned Mixed Vegetables<br><b>OR Mini Corn Dogs</b> |
| 29<br><br><b>Chicken Nuggets</b><br>French Fries<br><b>OR Hamburger</b>                         | 30<br><br><b>Beef Nacho or Taco Bar</b><br><br>Lettuce, Salsa, Sour Cream, Shredded Cheese                     |   |  |   |

### Daily Alternate Option

#### Newton Meal:

Muffin  
String Cheese  
Strawberry Yogurt  
Graham Cracker

2% White  
Fat Free Chocolate  
Bottled Water

### Nutrition Bar

#### Included with all Meals:

Salad Mix  
Assorted Fresh Vegetables  
Assorted Fresh and Canned Fruit